

Psychological Well-Being in Cognitively Impaired Persons

Please rate the following behaviors based on the frequency you have observed the person with cognitive impairment displaying the behavior during the last 24 hours.

	1 Never	2 A little	3 Sometimes	4 Frequently
1. Smiles or laughs in response to contact from others				
2. Relaxed facial expression (appears tranquil or at ease), jaw not clenched or tightened				
3. Positive verbal response to contact from others (not angry or disapproving)				
4. Frightened facial expression (appears scared, troubled, or alarmed)				
5. Saddened facial expression (frowns or cries openly)				
6. Asks repeatedly to go elsewhere				
7. Pulls or moves away in response to contact from others				
8. Listless, resists involvement in activity				
9. Involved in a single activity at a time for more than 5 minutes				
10. Frustrated or agitated when asked to complete an activity				
11. Agitated or fearful response when touched by another person				

Range of scores: 11 to 44 with higher scores indicating higher levels of psychological well being. Negatively worded items (4, 5, 6, 7, 8, 10, & 11) are reverse scored to calculate a total scale score.